

## ANGER TAMING THE MONSTER WITHIN

### Background

When Chazal make broad, sweeping statements, they are basing them on their clear understanding of the Torah. Since they are so deeply immersed in the Torah's understanding and way of thinking, they can deduce the Torah's approach to many life situations. When they make such statements, they apply to all people in all generations – young or old, learned or ignorant, on a high level of service to HASHEM or not.

Here Chazal seem to be telling us that anger will affect a person, no matter who he is. Even if we are dealing with a person who has attained a great level of *yiras Shamayim*, if he gets angry, he will lose his fear of HASHEM. Even HASHEM Himself won't be important to him.

תלמוד בבלי מסכת נדרים  
דף כב/ב

אמר רבה בר רב הונא  
כל הכועס אפילו שכינה  
אינה חשובה כנגדו

*Rava the son of Rav Huna said, "To someone who gets angry, even G-d isn't important."*

### Questions

What is the relationship between anger and fearing HASHEM? If we are dealing with a person who is on a high level of seeing HASHEM in the world, he may get angry and even say things in his anger that he might not have otherwise said, but why does that automatically mean that "even HASHEM won't be important to him?"